

BRENTSIDE



Ealing's Specialist Arts College
Brentside High School
Learning and Achieving Together

inside

Fig Tree Film
Slimming World
Emma Weir
Full Season Timetable

Bookings and Enquiries

We are always looking for new groups and classes to join us here at our Ealing School sites, with choice of Brentside High School, Gifford & Ravenor Primary the possibilities are endless!

Most of our activities take place during the evenings and weekends and also in the daytime during school holidays.

We are not just here to hire out rooms, we can help you start your own class, plan an event, advise you on marketing strategies and even funding opportunities.

Once you have made your booking, we can help promote your sessions through different marketing mediums that we use.

BHANU



During August our Brentside site played host to an exciting and spiritual recital of the holy scriptures of SHIV MAHAPURAN. A local resident Bhanu Vaghlea, who had recently visited Kenya, where she saw recitals, came up with the exciting and inspiring idea of organising a recital herself! She looked at several different sites in the West London area, before she visited our Brentside Sports Hall which hosted the 15 day event. She said 'I was instantly impressed to find such a lovely site' 'the open surroundings, the sunshine and the fresh feeling of the site was perfect to hold such an event'. Soon after viewings Bhanu decided to book and the Kajima event team got to work to start assisting Bhanu with her event. The event took place over 15 days, with each day having a special theme about the content of the scriptures. The event was a FREE and open to the whole community, ranging from young women, men and children up to people aged

103+! Over 4,500 people passed through the site during the recital, it was greatly received in the in the local Asian community, and received international press attention from Asian TV channels.

Kajima Community was delighted to assist Bhanu in what had become a vision and a dream of holding such a prestigious event, manager of the site Jason Stocks said "this is exactly what the facilities are about, opening and serving the community".

As part of our special events package, we offer a FREE event planning service; our team can assist with marketing, set-up and design of the space being hired, advice on health and safety aspects of hiring, or put you in touch with specialist hiring companies to add that bit extra to your event.

To view the sports hall or to see what other facilities we have available, why not visit our website @ www.kajimacommunity.co.uk

FIG TREE FILM



Dinner and a Chat Filming

During the summer holidays, local resident and owner of the Nuff-Said Media Company hired our Drama studios to film an exciting workshop, where young people get the opportunity to gain experience in the film industry.

The Nuff-Said Media Team turned up on location at the Brentside site on a wet and windy day to complete the final stage of an action packed, week-long production and communication workshop.

The workshop participants, Jakhya, Katerena, Katie, Mawad, Mojgan & Shruti had been engaged in a series of challenging discussions; tasks & debates on the subject of religion, food and London; and in the process, learning film production techniques, interviewing skills, delivering monologues, authoring and acting in a series of short sketches for film.

In the studio setting of Brentside drama rooms, the young people were able to work in a real life film set and gain valuable experience on the world of filming. The drama studios are equipped with specialist equipment, such as rig lighting and moveable staging, so it becomes the perfect environment for projects such as this.

The workshop/documentary is now in the editing stage and should be released soon!

Nuff-Said Media deliver a variety of innovative, media workshops around London, tailored for participants of differing abilities, cultures and faiths.

For more workshop info call Neil on 07940 524 728



CRICKET IS BACK!

It has been an amazing summer for cricket fans, whether it was the Twenty20 World Cup, the Ashes or recently the Champions trophy, the cricket just continued, and here at Brentside cricket also continues! If you're a local cricket club, player, or someone just interested in practising with your friends, the cricket facilities at Brentside can cater for your needs.

The facilities offer:

- 4 lanes of cricket nets available for hire
- Bowling machines
- Multi-use games area to warm-up,/play indoor cricket
- Showers and changing rooms

Also for this winter, we're looking at launching our 'Community Indoor Cricket Leagues'. Local teams will get the chance to compete against each other in a 6 aside indoor league. The leagues will take place in the specialist cricket arena and comprise of 6 teams, competing for prizes and progression into the national indoor finals for indoor cricket.

For further information about nets, practice or our new league, please contact our enquiry-booking team at brentside@kajima.co.uk or on 0207 3143988.



Kajima Community has recently won a prestigious award presented to them by the British Institute of Facilities Management at the Grosvenor House Hotel, London. The award was for the innovative ways that the schools are used during the evenings, holidays and weekends. Chris Smith, Head of Kajima Community, said: "Engaging local communities over the long term is a core part of Kajima's business and very important in making sure that investment in public buildings brings real benefits for the people who live nearby. This award reflects and rewards the commitment and effort put in by our staff and by the schools in making the most of the fabulous facilities that have been provided."

SLIMMING WORLD



Wednesdays 6.30pm & 8.00pm

I have been running the Hanwell Slimming World Group at Brentside High school for over 2 years now. It is a wonderful venue with brilliant staff who are on hand should the need arise. We are in the heart of the community to be able to reach those people who need us. I am also a member of a group and have had great success myself and want to tell the world about it.



Statistics show that obesity rates have tripled in the last decade and one in three people in the UK is now overweight and also one million children are overweight/obese. 18 million working days are lost each year to weight-related illness and each year, around 40,000 deaths can be attributed to obesity. Obesity is the single biggest cause of cancer among non-smokers. In the UK, about 13,000 people every year could avoid getting cancer if they maintained a healthy body weight. I am pleased to say that we are reaching out to the community and achieving fantastic results. Just look at me, I've even ditched the blue hair!



Lisa Maskell

Slimming World's eating plan, **Food Optimising** is the way forward, and turns conventional wisdom about dieting on its head. It allows members the freedom to choose what they eat, when they eat and how often they eat to suit every individual's taste and lifestyle. There is little or no weighing and no calorie counting involved whatsoever. Food Optimising consists of three easy steps which work together to give a satisfying and sustainable approach to healthy eating:



EMMA WEIR

Emma's Academy of Dance & Drama opened in Hanwell in March 2005 by IDTA Fellow and Principal Emma Weir. The aim is to offer good value and high quality performing arts training for young people. Since opening, pupils, whether it be for fun or informal classes have performed in two large scale stage shows (Young Performers Variety Show at Her Majesty's Theatre in 2005 and The Stars In Their Eyes at Sadler's Wells Theatre in 2008). Pupils also work towards annual IDTA examinations in Street Dance, Freestyle and Musical Theatre with a 100% pass rate.



Academy pupils enjoy the energetic classes and their parents appreciate the flexible payment options (weekly drop-in rates or large discounts for advance booking). From September, classes will be on a Wednesday night between 6.30-8.30pm and cost from just £4.00 for a drop-in session - less if you book in advance. The Wednesday classes offer two age groups of Street Dance & Freestyle plus Drama and Musical Theatre. The Academy also works alongside sister organisation SA Dance who offer an extra Freestyle class at weekends. Visit www.emmasacademy.co.uk for more information.

AUTUMN 2009 TIMETABLE

These sessions are open to the general public

TIME	ACTIVITY	CLUB / ORGANISATION	CONTACT	PHONE
MONDAY				
18.00 - 20.00 Gifford Primary	Taekwondo	Panther Taekwondo	Ewan Briscoe	07946 102769
18.00 - 20.30 Ravenor Primary	Taekwondo	Superior Taekwondo	Munir Azizshalizi	07947 991887
18.30 - 20.30	Wrestling Suitable for Adults	Brentside Wrestling	Mohammed Panazada	020 8571 1678
18.00 - 20.00	Football	Brentford Community	Krishan Puran	020 8326 7030
18.00 - 20.30	Irish Dancing	Irish Dance Workshops	Theresa O'Donoghue	07989 600867
TUESDAY				
18.30 - 20.00	Taekwondo	London Taekwondo Academy	Usman Dildar	020 8575 7696
18.30 - 20.30	Dance Workshops U6-Adults	Emma's Academy of Dance & Drama	Emma Weir	07703 347754
18.30 - 20.30	Ladies Taekwondo	London Taekwondo Academy	Usman Dildar	020 8575 7696
WEDNESDAY				
18.00 - 19.00	Taekwondo	Superior Taekwondo	Munir Azizshalizi	07947 991887
19.00 - 20.00	Football	London Tigers	Mesba Ahmed	020 7289 3395
18.30 - 20.30	Slimming Club	Slimming World	Lisa Maskell	07944 806624
18.30 - 20.30	Wrestling Suitable for Adults	Brentside Wrestling	Mohammed Panazada	020 8571 1678
THURSDAY				
18.00 - 20.00	Taekwondo	Panther Taekwondo	Ewan Briscoe	07946 102769
18.30 - 21.30	Evangelical Christian Group	Lighthouse Chapel International	Ebenezer Amofa	07944 761854
20.00 - 22.00	Ladies Netball	Academy Netball Club	Sonia Taylor	07956 871253
SATURDAY				
10.00 - 12.00	Junior Football	All-Stars Soccer	Richard Parker Gemma Parker	07802 419585 07840 660316
9.00 - 11.00	Future Movement UK	Arabic School	Fadi Rarki	07887 777100
9.00 - 12.00	English Tuition	Sparkle Education	Rachel Oxley	RachelOxley@hotmail.co.uk
08.30 - 12.30	English Tuition	Sparkle Education	Rachel Oxley	RachelOxley@hotmail.co.uk
9.00 - 12.00	Football Classes	Brentford Community Sports Trust	Luis Melville	0845 262 9495
SUNDAY				
09.00 - 14.00	Evangelical Christian Group	Lighthouse Chapel International	Ebenezer Amofa	07944 761854
09.00 - 16.00	Arabic Language & Culture Education	The Palestinian School	Rajab Cham lakh	020 8972 8042
10.00 - 14.00	Arabic Courses for Children & Adults	Babylon Academy	Kamal Khudaida	07932 061266
18.00 - 21.30	Perivale Cricket - Junior	Perivale Phoenicians CC-Colts	Surinder Madan	07981 101819

Bookings & Enquiries
0207 314 3988
0207 465 0007
brentside@kajima.co.uk

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